



## **First Aid for the Workplace**

**Purpose:** To teach lay responders the knowledge and skills necessary to give care in an emergency, help sustain life and minimize the consequences of injury or sudden illness until medical help arrives.

### **Learning Objectives (Highlighted items covered in CPR training)**

- Describe how to recognize and respond to an emergency.
- Describe the purpose of the Good Samaritan Laws.
- Describe the difference between consent and implied consent.
- Describe the three emergency action steps.
- Identify when and how to call 9-1-1 or the local emergency number.
- Explain when and how to move a person from a dangerous scene.
- Identify how to minimize the risk of disease transmission when giving care.
- Demonstrate how to minimize the risk of disease transmission when giving care.
- Demonstrate how to check an unconscious person for life-threatening and non-life threatening conditions.
- Demonstrate how to check a conscious person for life-threatening and nonlife-threatening conditions.
- Identify the signals of shock and describe how to minimize its effects.
- Describe how to prioritize care for injuries and sudden illnesses.
- Identify the signals of various soft tissue and musculoskeletal injuries.
- Identify the signs and symptoms of sudden illness and learn to care for the following:
  - ❑ Stroke
  - ❑ Seizure
  - ❑ Fainting
  - ❑ Diabetic emergency
  - ❑ Poisoning
  - ❑ Allergic reaction
- Identify the signs and symptoms of heat- and cold-related emergencies and describe how to care for them.
- Demonstrate how to control bleeding.
- Identify the signals of head, neck and back injuries and explain how to care for them.
- Demonstrate how to care for a muscle, bone or joint injury.

**Length:** Approximately 3.5 hours