



CPR-Child & Infant and First Aid

Purpose: Train lay responders to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in children and infants. Provide the lay responder with the knowledge and skills necessary in an emergency to help sustain life and to minimize pain and the consequences of injury or sudden illness until professional medical help arrives.

Learning Objectives

- Describe how to recognize and respond to an emergency.
- Describe the purpose of the Good Samaritan Laws.
- Identify the difference between consent and implied consent.
- Describe the three emergency action steps.
- Explain when and how to call 9-1-1 or the local emergency number.
- Explain when and how to move a child or infant from a dangerous scene.
- Identify how to minimize the risk of disease transmission when giving care.
- Demonstrate how to minimize the risk of disease transmission when giving care.
- Describe and demonstrate how to check an unconscious person for life-threatening and non-life threatening conditions.
- Explain how to check a conscious child or infant for life-threatening and nonlife - threatening conditions.
- Identify the signals of shock and describe how to minimize its effects.
- Describe how to prioritize care for injuries and sudden illnesses.
- Recognize the signals of a breathing emergency.
- Demonstrate how to care for a child or infant who is choking.
- Demonstrate how to recognize and care for a child or infant who is not breathing.
- Recognize the signals of a cardiac emergency.
- Identify the links in the Cardiac Chain of Survival.
- Demonstrate how to give cardiopulmonary resuscitation (CPR) to a child or infant.
- Identify the signals of various soft tissue and musculoskeletal injuries.
- Identify the signs and symptoms of sudden illness including, stroke, seizure, fainting, diabetic emergency, poisoning, allergic reaction, and describe how to care for them.
- Identify the signs and symptoms of heat-and cold-related emergencies and describe how to care for them.
- Demonstrate how to control bleeding.
- Identify the signals of head, neck and back injuries and explain how to care for them.
- Demonstrate how to care for a muscle, bone or joint injury.

Length: Up to 7 hours

Participant Materials

- First Aid/CPR/AED for the Workplace Participant's Workbook
- Infant and Child CPR Skills Card