



## CPR/AED for the Professional Rescuer

**Purpose:** Designed for individuals with a duty to respond, CPR/AED for the Professional Rescuer will give the confidence and skills needed to provide care for victims of cardiac and breathing emergencies.

### **Learning Objectives**

- Identify the responsibilities and characteristics of a professional rescuer.
- Respond to breathing and cardiac emergencies in adults, children and infants.
- Use an AED on an adult or child victim of cardiac arrest.
- Use personal protective equipment to stop bloodborne pathogens and other diseases from spreading.
- Learn how to recognize and respond to an emergency.
- Understand Good Samaritan Laws and legal considerations that affect a professional rescuer.
- How to conduct the Initial Assessment.
- Recognize the signals of a breathing emergency.
- Learn Rescue Breathing.
- Learn how to use a Bag-Valve-Mask Resuscitator.
- How to handle both conscious and an unconscious choking in adults, children and infants.
- Explain when and how to move a person from a dangerous scene.
- Be able to check both a conscious and an unconscious person for life-threatening and nonlife-threatening conditions.
- Identify the signals of shock and describe how to minimize its effects.
- Learn how to prioritize care for injuries and sudden illnesses.
- Recognize the signals and learn how to care for a cardiac emergency.
- Demonstrate how to give cardiopulmonary resuscitation (CPR) for adults, children and infants, both single and two rescuer.
- Learn what defibrillation is and how it works.
- Identify the general steps for the use of an automated external defibrillator (AED).
- Identify precautions when using an AED.
- Demonstrate how to use an AED for adults and children.

**Length:** Approximately 8 hours (includes ½ hour lunch break) May be conducted in two sessions.

### **Participant Materials**

*CPR/AED for the Professional Rescuer Workbook, Resuscitation Mask*